



Thermal effects in quantum circuits

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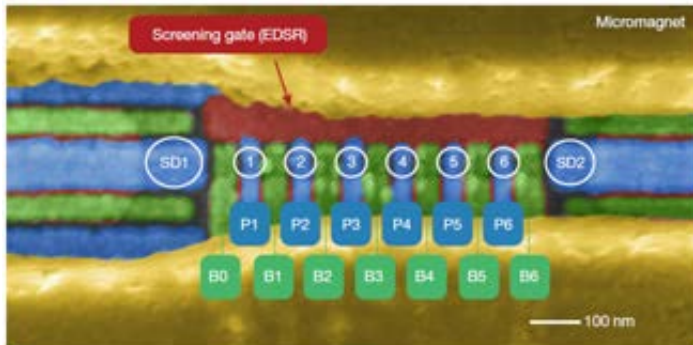




The heat problem in quantum circuits

From quantum technologies ... to quantum thermodynamics

6 qubit device with electron spin in Si/SiGe

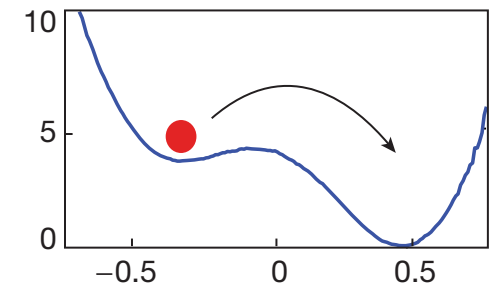
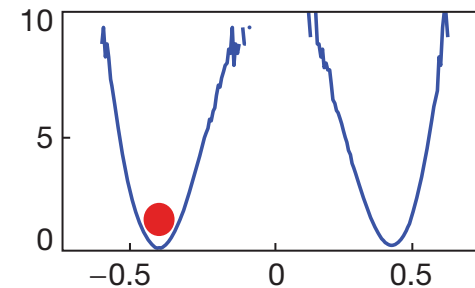


Phillips et al., Nature (2022)

« Future work must focus on **understanding and mitigating heating effects** leading to frequency shifts and reduced dephasing times, as we find this to be the limiting factor in executing complicated quantum circuits on many qubits. »

- Landauer principle (1961)

Bérut et al., Nature (2012)



- Maxwell demon
- Thermal engines



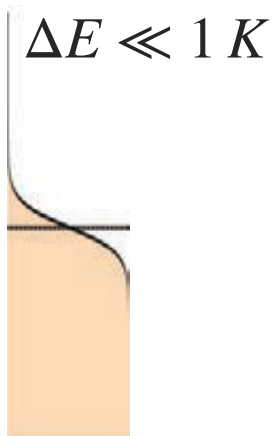
Outline

- I. Temperature and heat balance in quantum circuits
- II. Heat conductance in quantum devices
- III. Temperature fluctuations and calorimeters

Where is temperature experimentally meaningful?

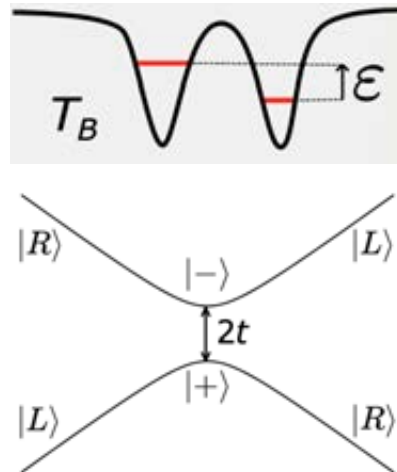


Metal



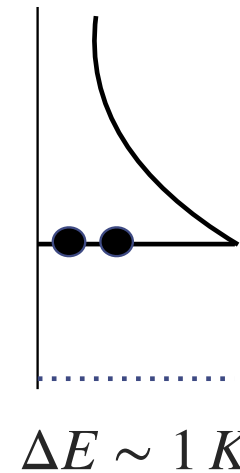
Must not be Fermi-Dirac
if out-of-equilibrium!
Pothier et al., PRL (1997)

Qubit



$$\Delta E < 1 K$$

Superconductor

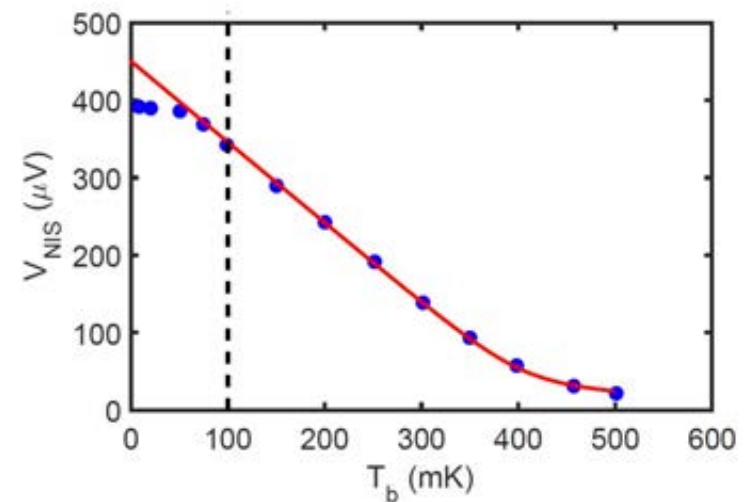
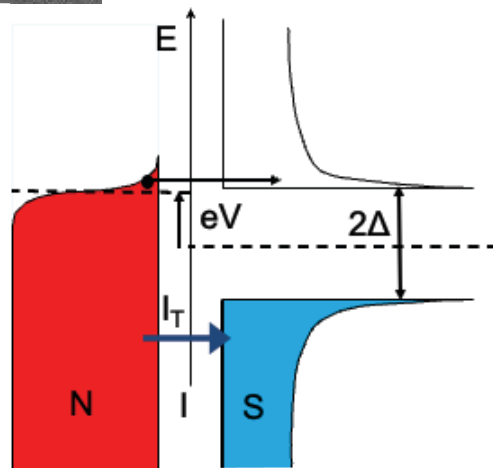
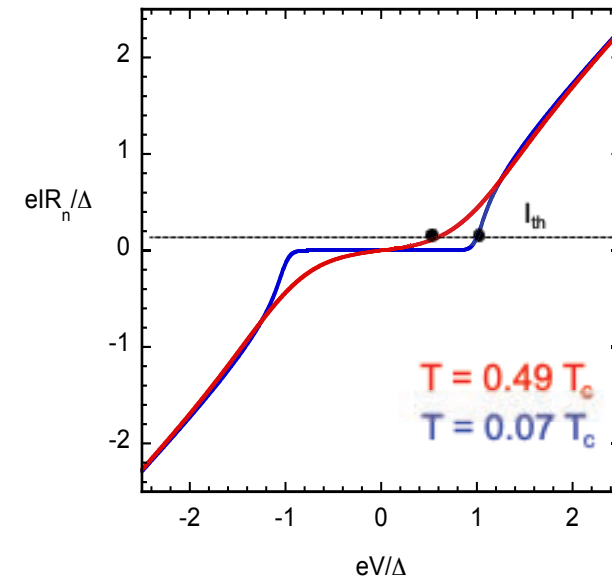
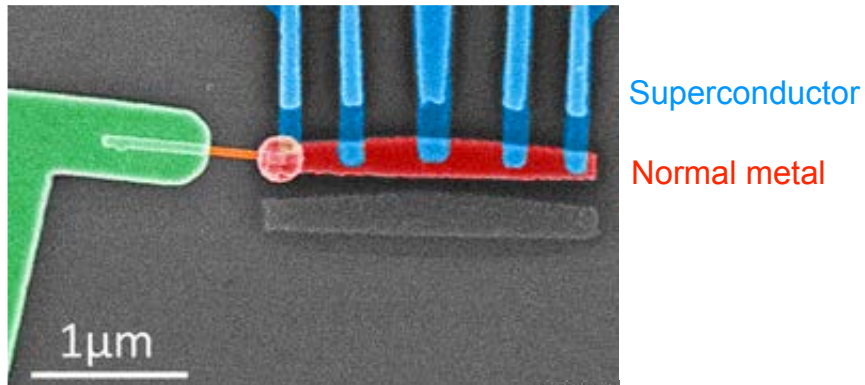


Quantum dot

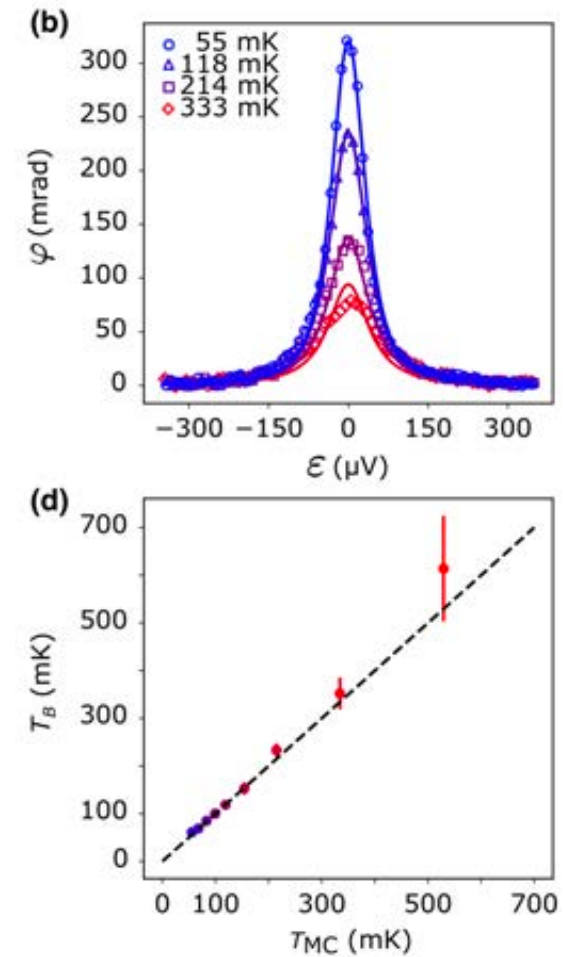
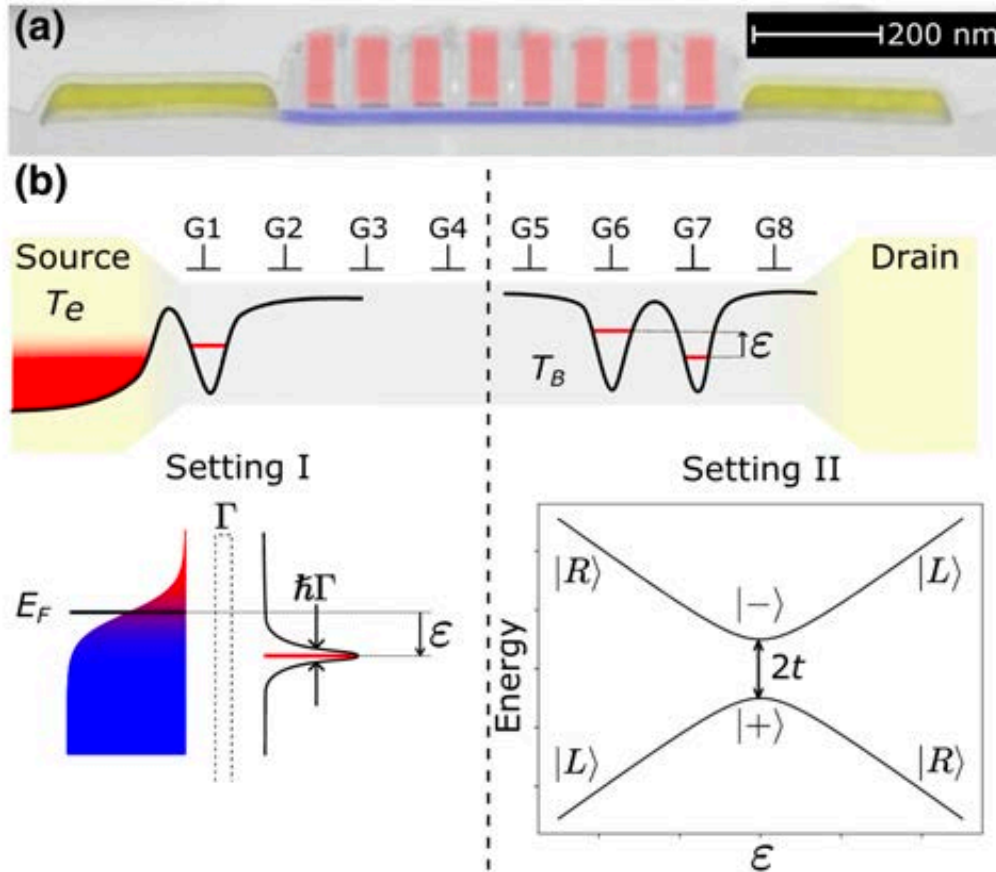


Superconducting Electron Thermometry

Electron thermometry with
superconducting hybrid junctions

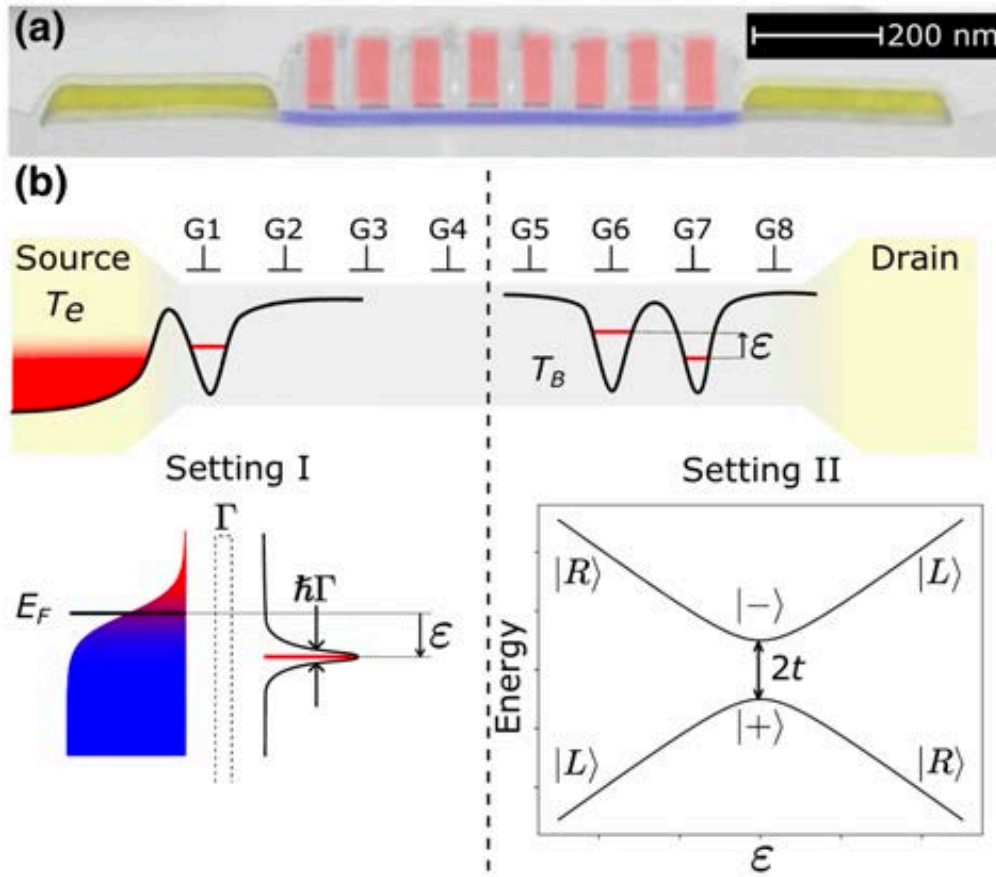


Quantum Dot Thermometry

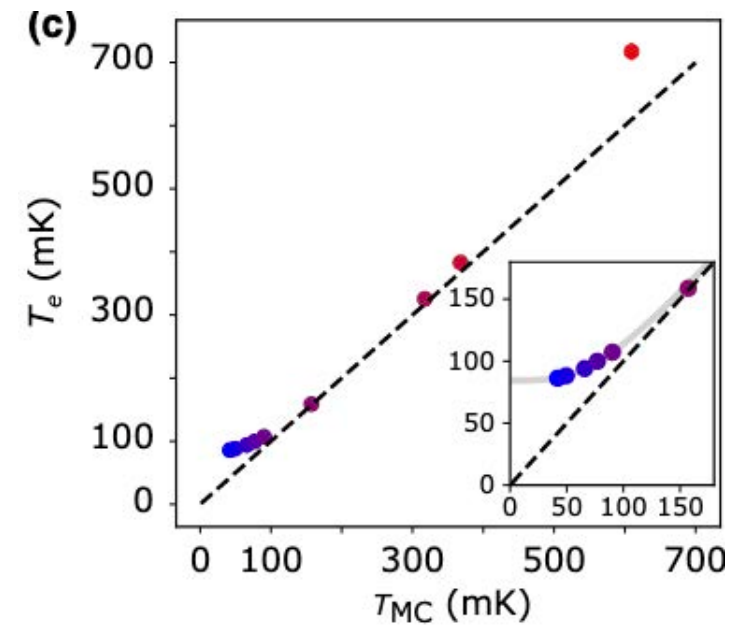


$$C_q(\varepsilon) = \alpha^2 e^2 \frac{2t^2}{((\alpha e \varepsilon)^2 + 4t^2)^{3/2}} \tanh \left(\frac{((\alpha e \varepsilon)^2 + 4t^2)^{1/2}}{2k_B T_B} \right)$$

Quantum Dot Thermometry



Champain et al., Phys. Rev. Appl. (2024)



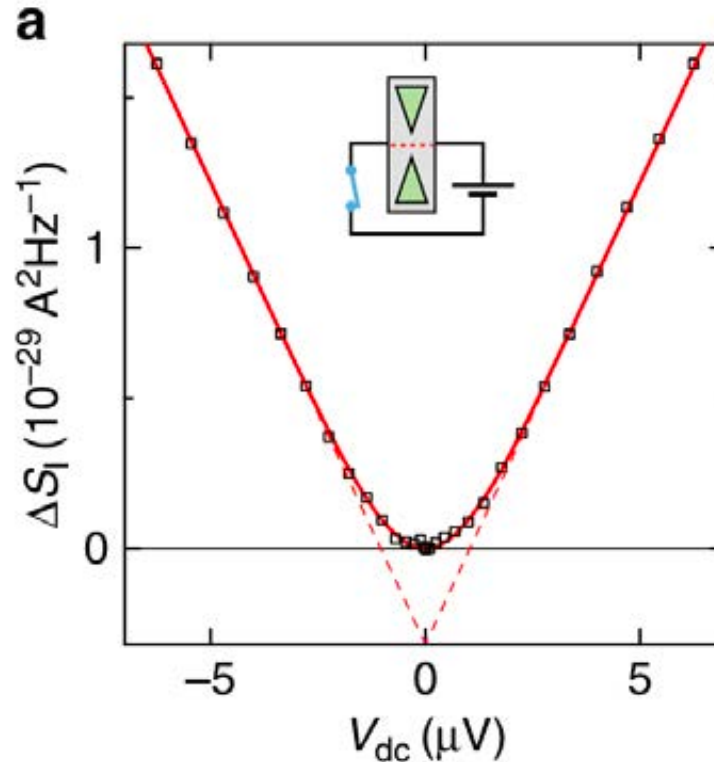
Electron noise thermometry



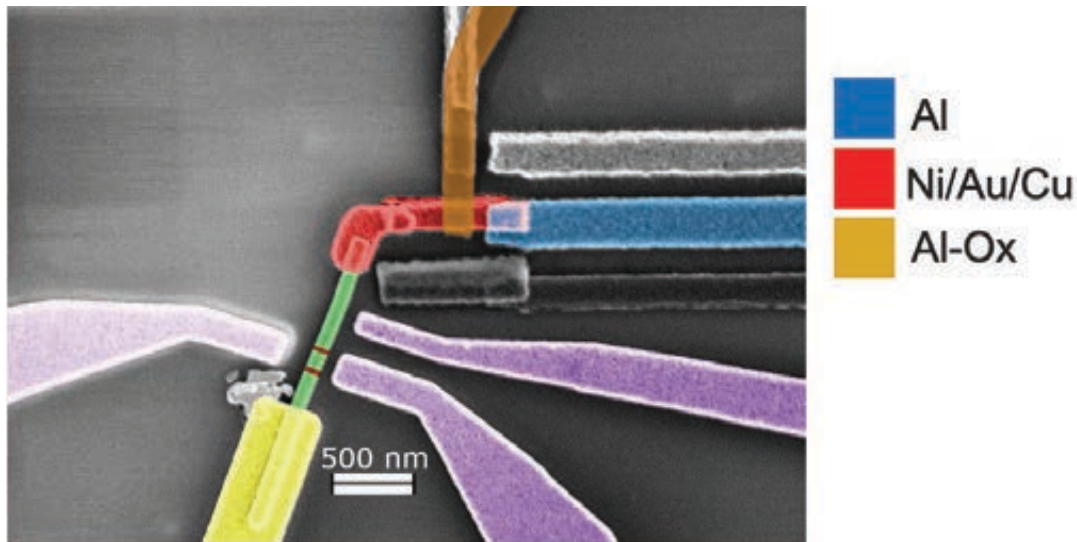
*E. Sivr , PhD thesis (2019)
F. Pierre group at C2N*

Thermal + shot noise

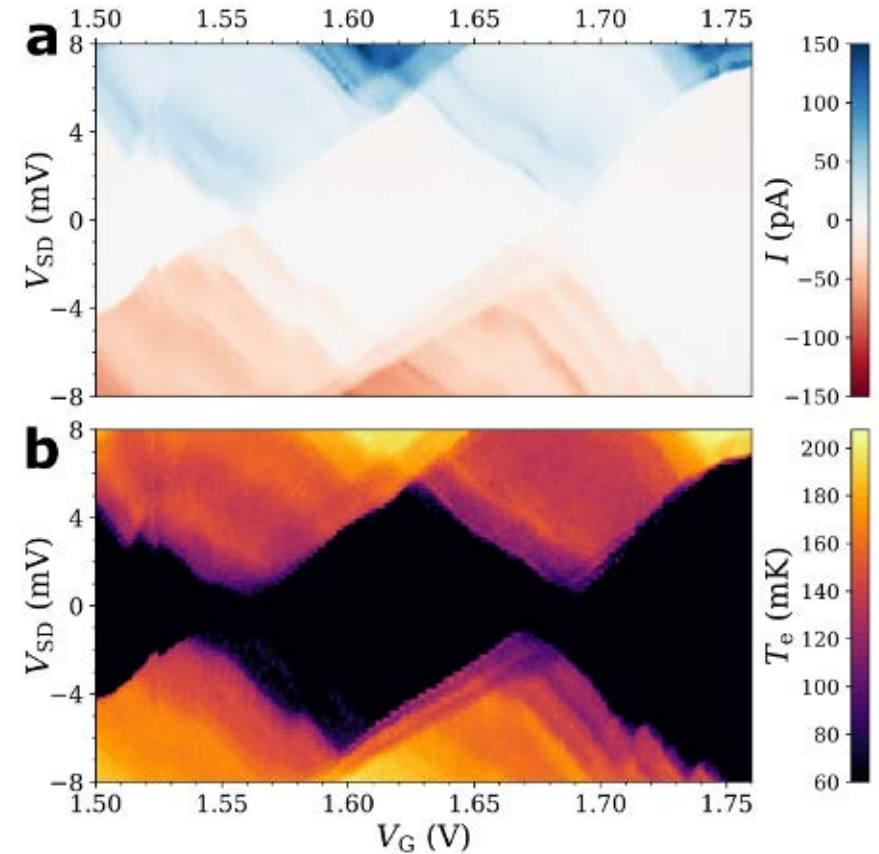
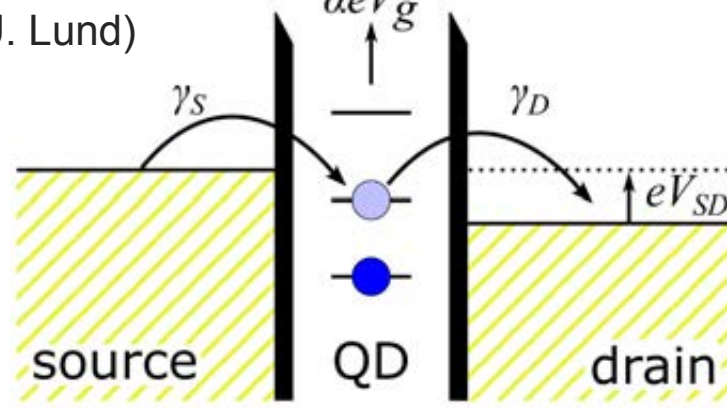
$$S = 4k_B T \sum_n \tau_n / R_K + \frac{2eV}{R_K} \sum_n \tau_n (1 - \tau_n) \left(\coth \left(\frac{eV}{2k_B T} \right) - \frac{2k_B T}{eV} \right)$$



Heat detectors



Quantum dot in an InAs nanowire
Collab. V. Maisi (U. Lund)



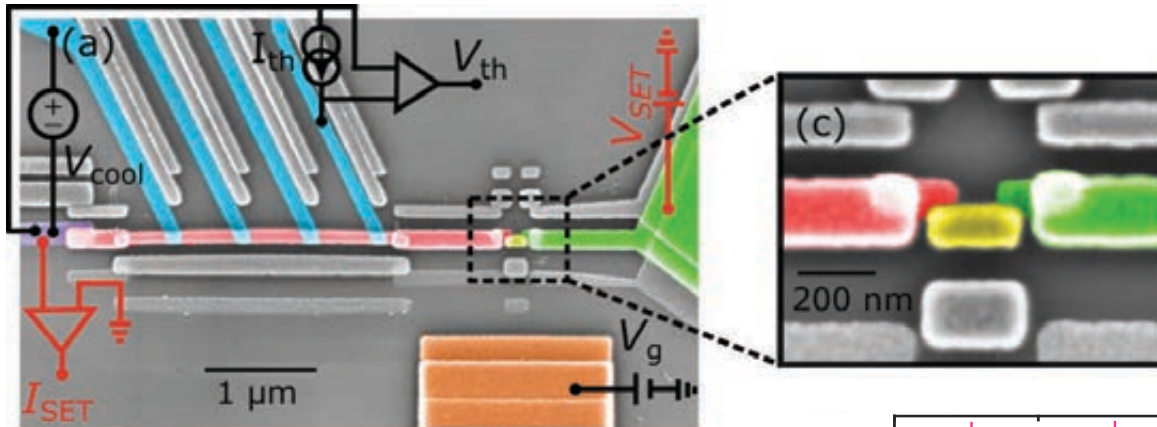
Dutta et al., Phys. Rev. Lett. (2020)
Höfer et al., in preparation



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- III. Temperature fluctuations and calorimeters

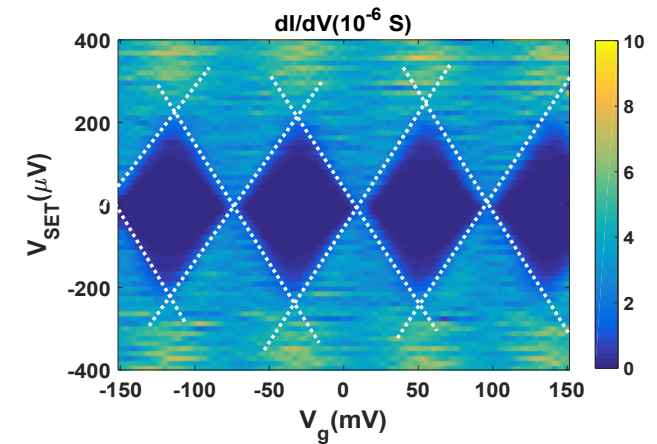
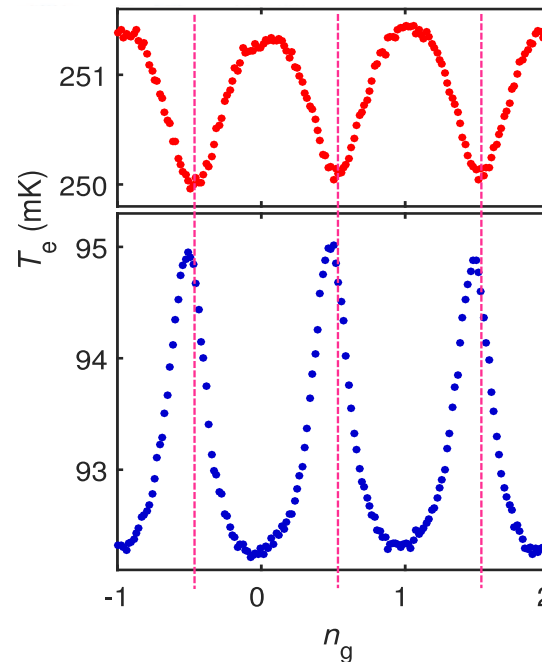
Heat detectors: heat transport



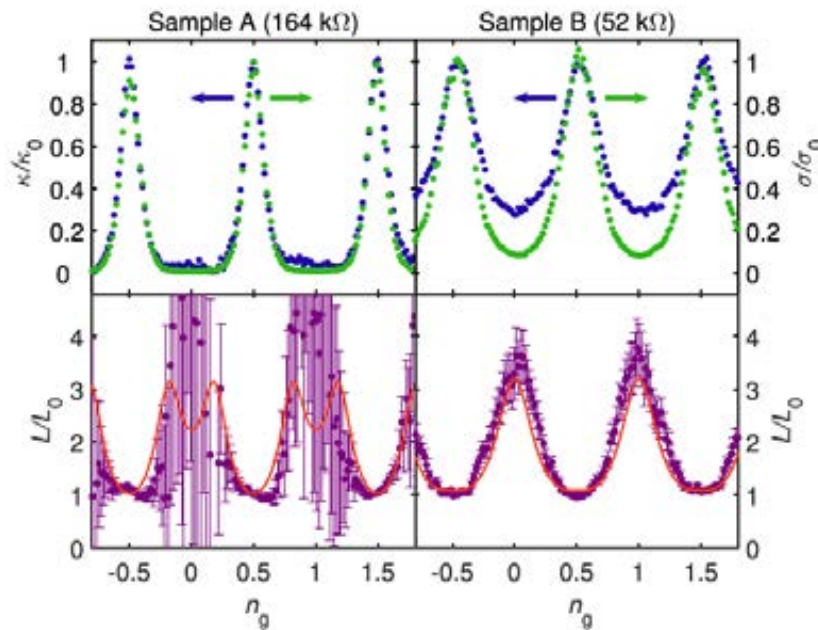
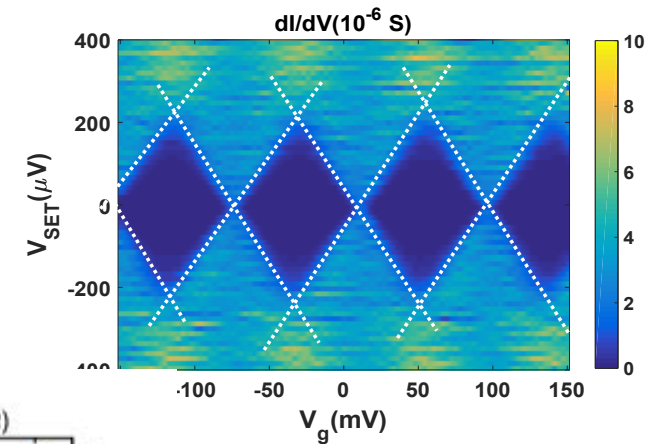
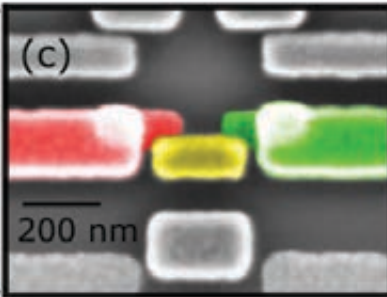
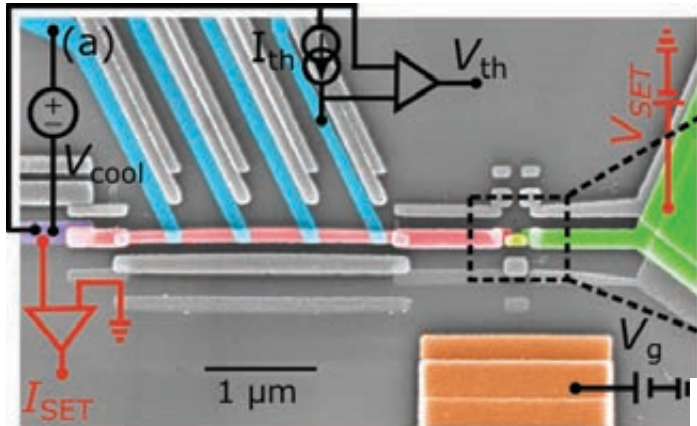
Collab. Aalto

Gate-modulated heat balance
in bolometer island

➔ deduce heat flow across
single-electron transistor



Heat conductance of a single-electron transistor



$$\frac{\kappa}{\sigma T} = \frac{L}{L_0}$$

Theory:

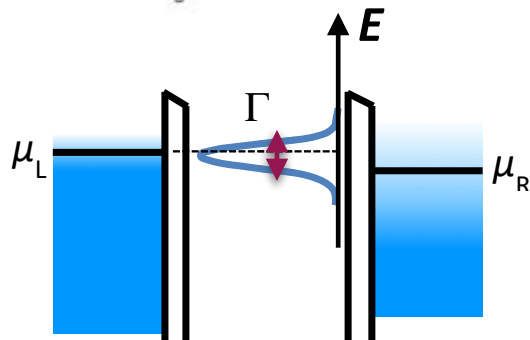
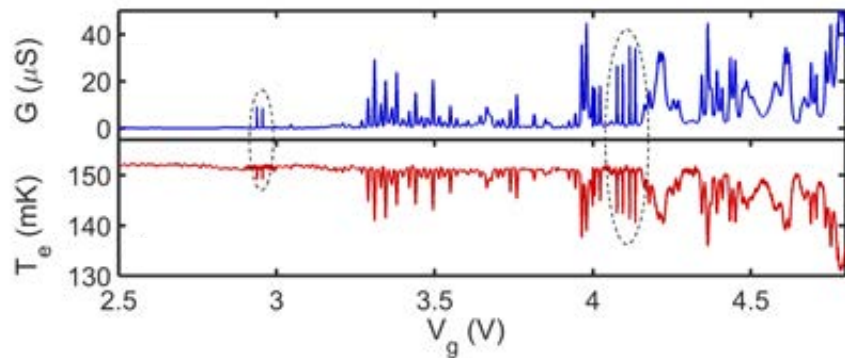
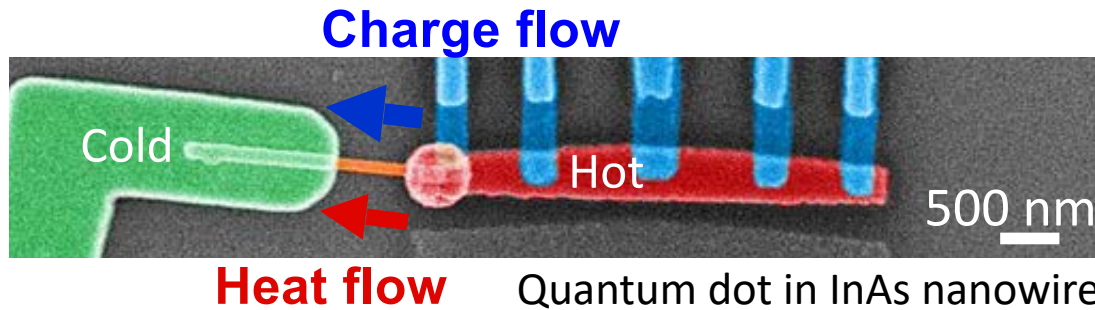
Kubala et al., Phys. Rev. Lett. 2008

Zianni, Phys. Rev. B 2007

Strong deviations from
Wiedemann-Franz law away
from charge degeneracy

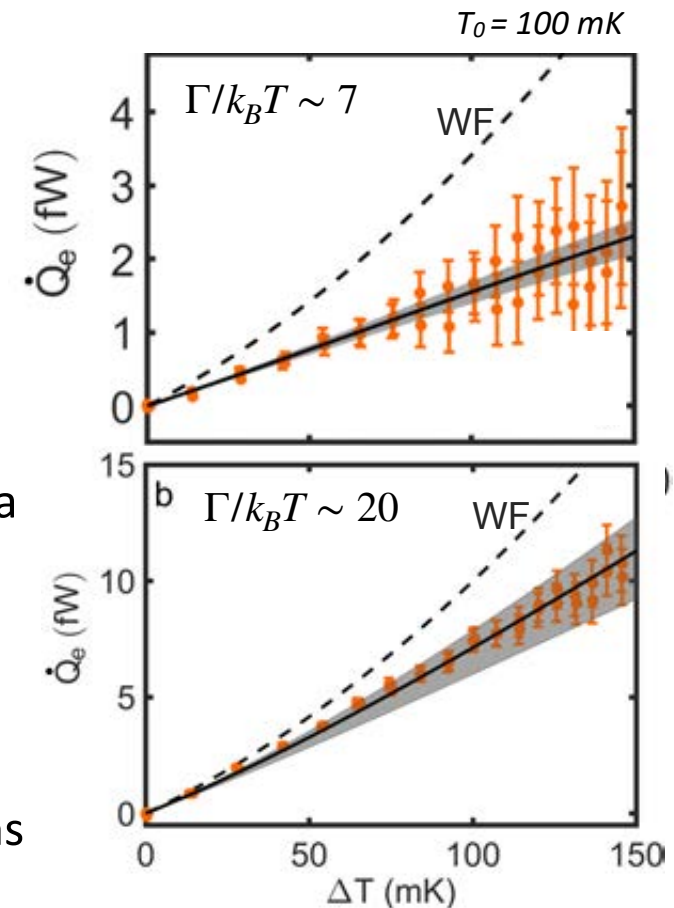
Dutta et al.,
Phys. Rev. Lett. (2017).

Heat conductance of a single quantum level



- Quantum dot heat valve
- Deviations from WF law for a single resonant quantum level
- Good agreement with scattering theory calculations

Majidi et al., Nano Lett. (2022)



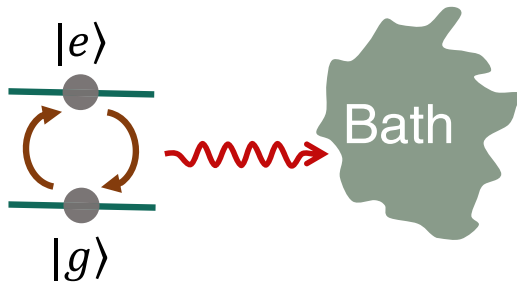


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Real time thermometry of transients

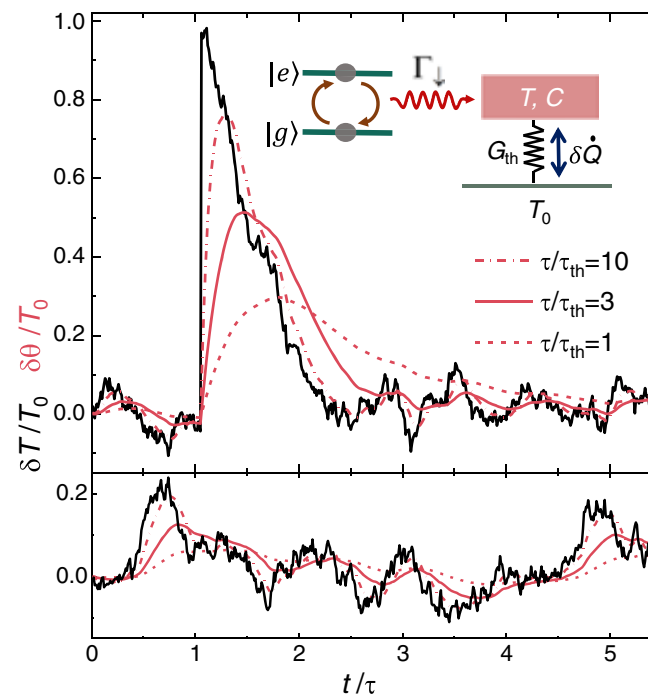
Measuring quantum thermodynamic fluctuations



Calorimetric detection of energy quanta

- microwave photons emitted by a qubit
- single (hot) tunnelling electrons
- tunnelling of single fluxons across a Josephson junction

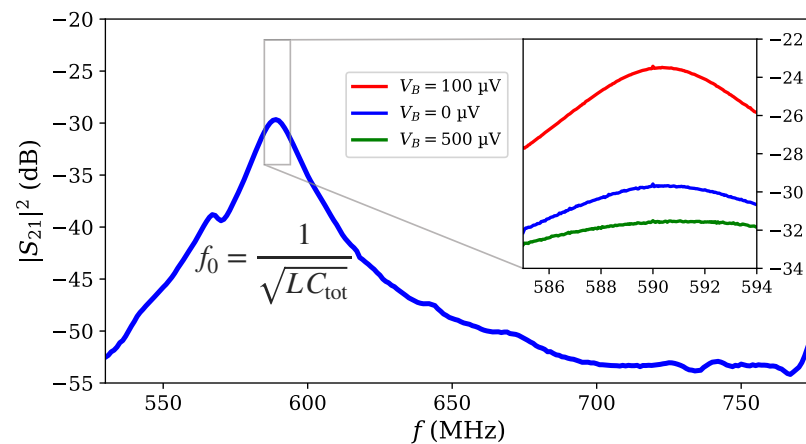
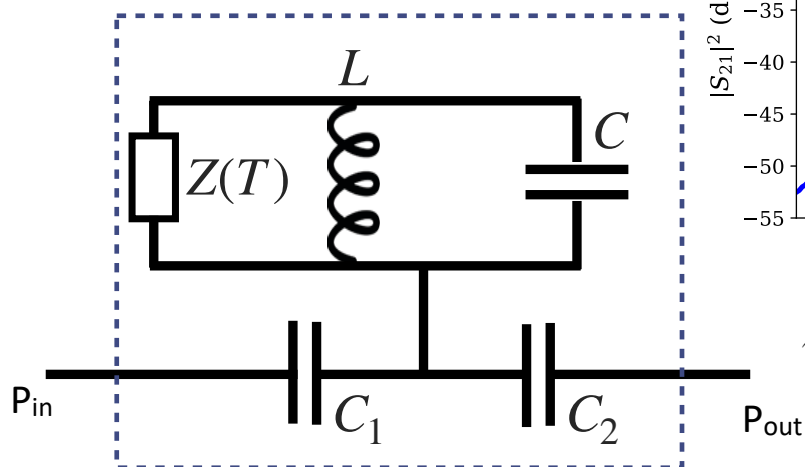
Karimi et al., Phys. Rev. Lett. (2020) & Phys. Rev. X (2022)



$$\tau_{\text{th}} = C/G_{\text{th}}$$

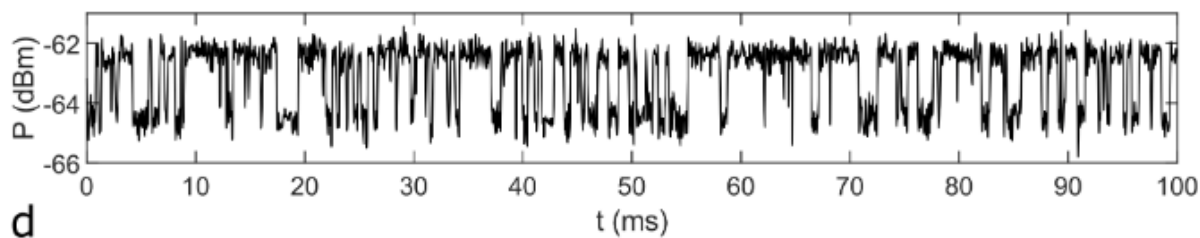
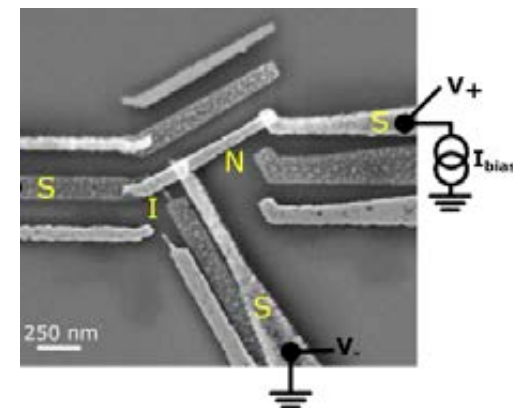
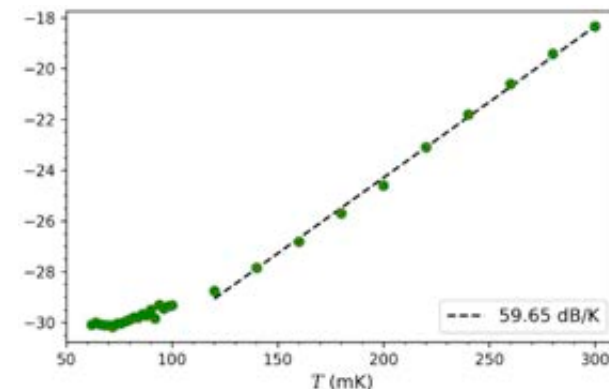
Real-time thermometry: RF readout

Collab. Aalto

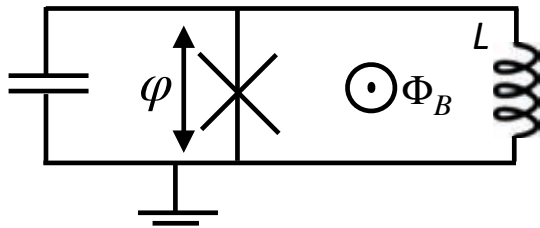


$$\tau = \frac{1}{\pi \Delta f}$$

Stochastic switching of a critically biased Josephson junction between hot and cold states



Dissipation from a phase slip in a Josephson junction

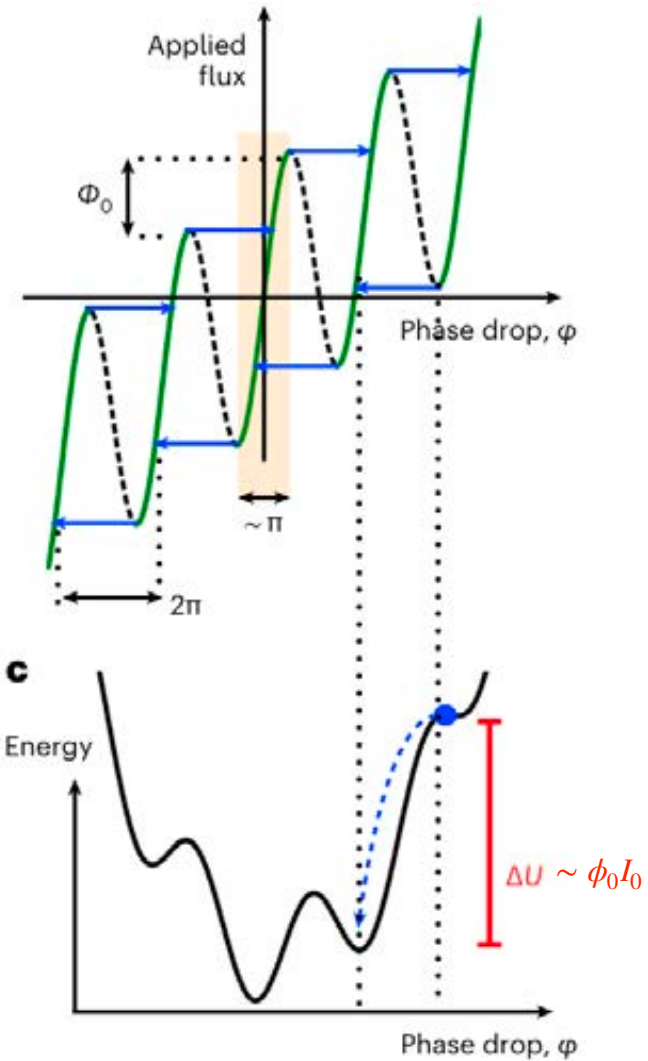


$$H = 4E_c \hat{n}^2 - E_J \cos \hat{\phi} + \frac{E_L}{2} \left(\hat{\phi} - 2\pi \frac{\Phi_B}{\Phi_0} \right)^2$$

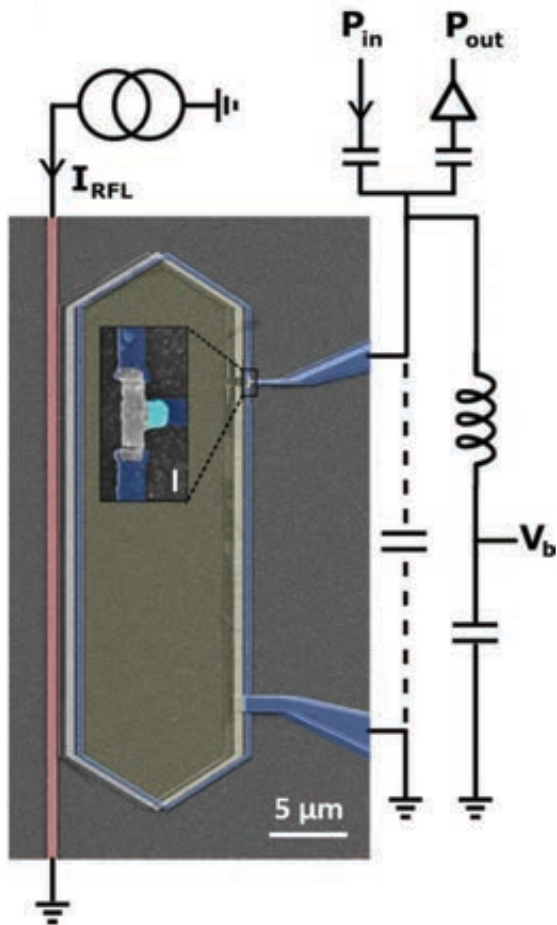
$$[\hat{\phi}, \hat{n}] = i$$

Hysteretic
RF SQUID

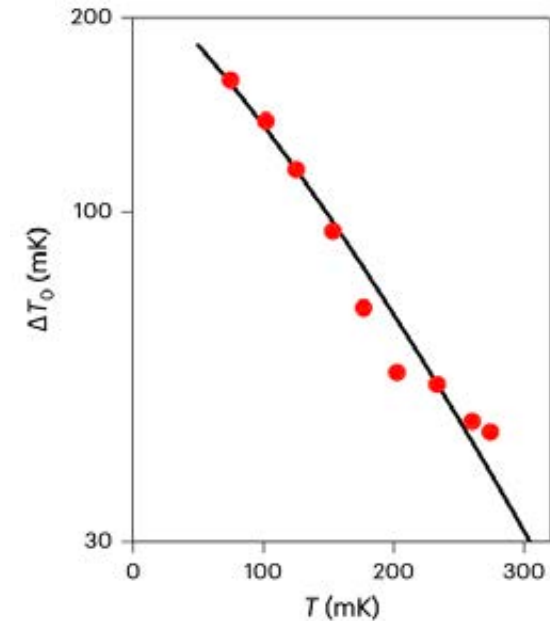
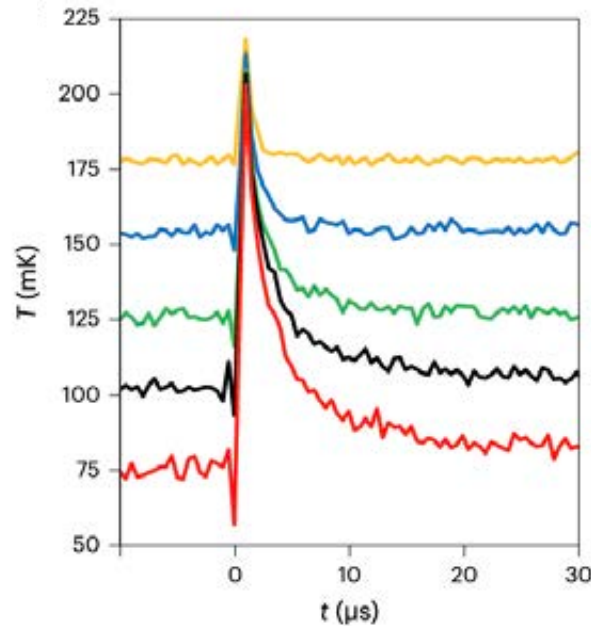
$$\beta = \frac{2\pi L I_0}{\Phi_0} > 1$$



Dissipation from a phase slip in a Josephson junction



$P_{in} = -110$ dBm, 70 ns pulses,
2 MHz sampling rate, 2 kHz
repetition rate, 10^5 repetitions



- Heating beyond linear regime at low temperature
- μ s-scale thermal relaxation times
- Quantitative understanding of calorimetric response

Calorimetry of a phase slip in a Josephson junction
Gümüs et al., Nat. Phys. 19, 196 (2023).